



USATRACK & FIELDSM SOUTH CAROLINA

2008 Open / Masters Track & Field Championship Winthrop University June 28, 2008

Directions to Winthrop University - From I 77 take exit 82 (Cherry Rd). Merge onto Cherry Rd (SC21 – South) go 3 miles at Cherry and Richmond Dr. – Turn Left onto Richmond up hill to Richmond & Eden Terrace – Athletic facilities are directly across the intersection. Proceed on Eagle Loop. Right at University Lake Drive. Left at stop sign and follow road around the pond. Right at Garnet Drive.

Age Divisions: Open and Masters (18-29 Open Championship) (30 – 75+ Masters Men & women, all in 5 year age increments).

Entry Fee: Postmarked by Friday June 20, 2008

\$15.00 for the 1st event
\$8.00 for each additional event
\$25.00 each relay.

NO day of meet registration.

Awards: USATF medals to first three (3) places in each Masters age group. Medals to first three in each open event.

Meet Director: Jimmy Stephens - SC USATF jstephens@uscupstate.edu - cell 864-279-3232

Schedule of Events:

Track order of events - 9:00 AM rolling time schedule - 5000 meter Run - Short Hurdles - 5000 meter Race Walk - 100m - 1500m - 400m - 800m - 200m – 3000 meter Steeplechase - 4x100m Relay - 4x400m Relay

- Sections based on entry
- Women followed by men and oldest to youngest.

Field Events: Be prepared to start at 9:00 a.m. - High Jump - Pole Vault - Long Jump - Triple Jump - Shot Put - Discus - Hammer - Javelin

- Flights will be determined based on entry
- You show up in the time period take your jumps or throws and leave.
- Javelin - Hammer Throw - after other field evens completed.

-----Detach here-----

**PLEASE PRINT OR TYPE BOTTOM PORTION AND RETURN WITH YOUR CHECK TO:
Jimmy Stephens – Track & Field/USATF – 800 University Way - Spartanburg, SC 29303**

NAME _____ DOB ___/___/___ AGE ___ SEX ___ USATF # _____
required

Address _____ City _____ State ___ Club _____

Phone (_____) - _____ - _____ Email Address _____

| Event | Seed Time | Event | Seed Time | Event | Seed Time |
|-------|-----------|-------|-----------|-------|-----------|
| | | | | | |
| | | | | | |

1st Event entered \$15.00 For EACH additional event add \$8. 00; Relays \$25

Please enclose and Make Checks Payable to SC USATF Total: \$ _____

RELEASE, WAIVER and HOLD HARMLESS AGREEMENT:

I agree without reservation to the following: I have voluntarily chosen to participate in the meet sponsored by the USATF SC Association. I understand the risk of injury and undertake that risk of my own free will. By signing this waiver of liability, I represent that I am responsible for my safety while a participant or spectator at this meet and waive myself, my heirs, assigns, and administrators of all claims against all persons in any way associated with this meet, including, but not limited to: The USATF SC Association, Winthrop University, Meet Officials and Sponsors.

Printed Name _____ Signature _____ Date: _____

Entry Must be Postmarked by June 20, 2008

Confirmation will be e-mailed up on receipt

**Please make a copy for your records.
Please fill out completely.**