



SOUTH CAROLINA USATF ASSOCIATION
JUNIOR OLYMPIC TRACK & FIELD CHAMPIONSHIPS
JUNE 13TH TO 15TH, 2008
WINTHROP UNIVERSITY, ROCK HILL, SC
REVISED
Sunday, June 15th Day 3 Schedule

Events will run on a rolling schedule. These times are estimated times only. Be sure to arrive at the track at least two hours ahead of your event time.

Running Events:

8:30 AM	5000m Run	YM	
9:00	3000m Run	MG, MB, YG, YB, IG, IB, YW	Age Divisions may be combined
9:45	100m Hurdle Finals	YW	
10:00	110 Hurdle Finals	YM	
10:15	100m Finals	All Divisions	
10:45	400m Finals	All Divisions	
11:30	800m Finals	All Divisions	
12:30	200m Hurdles (30")	YG, YG	Section vs. Time
1:00	400m Hurdles (30")	IG/YW	Section vs. Time
		(36") IB/YM	Section vs. time
1:20	200m Dash	All Divisions	
2:00	4 x 400m Relay Finals	All Divisions	Section vs. Time

Field Events:

Shot Put

8:30 AM	YB	(4 kg)
9:30	IG	(4 kg)
10:30	IB	(12 lb)
11:30	YW	(4 kg)
12:30	YM	(12 lb)

Triple Jump (Pit #2)

8:30 AM	YG
9:30	YB
10:30	IG
11:30	IB
12:30	YW
1:30	YM

Discus

8:30 AM	MB	(1 kg)
9:30	MG	(1 kg)
10:30	YG	(1 kg)

High Jump

8:30 AM	YB
9:30	YM
10:30	YG
12:00 PM	YW-NO ENTRANTS WILL PUSH IB UP!
1:00	IB

Long Jump (Pit #1)

8:30 AM	SBB
9:30	SBG
10:30	BG
11:30	BB