



USA Track & Field Coaching Education Level 1 School



Presented by Gill Athletics

Date: January 4-6, 2008

Location: Clemson University, South
Carolina

School Director: **Glenn McAtee, 864-656-1942, gmcatee@clemson.edu**

For more information log on to: www.usatf.org/groups/Coaches/education/

Schedule:

Friday, January 4th

4:00PM to 9:00PM

Saturday, January 5th

8:00AM to 9:00PM

Sunday, January 6th

8:00AM to 12:00PM

Registration:

Register Online at www.usatf.org/groups/Coaches/education/schools/ by clicking the "school details" link.

Pre-registration fee is \$125 if received by **Friday, December 21st, 2007**; **Late and on-site registration** (space is limited) **is \$150**. Fee includes a Level 1 Curriculum and notebook cover.

You must be a member of USATF to register – for more information, go to www.usatf.org/membership/

Refund policy: 1/2 of the registration fee (\$62.50) will be refunded after the registration deadline and no refund will be given after the start date.

If you have any difficulties with the online registration process, please contact the School Director.

Lodging:

Ramada Inn of Clemson

Phone: 864-654-7501

Rate: 64\$ includes continental breakfast (ask for USATF Coaches Ed rate)

James F. Martin Inn (on campus)

Phone: 864-654-9020

Rate: 89\$ night for King or Double, includes continental breakfast (ask for Athletic Department rate)

Directions:

From Atlanta: I-85 North, exit at 19B towards Clemson, then exit at 93. Make a left at the end of the ramp and follow 93 past campus. Make left at Perimeter Road (just past Esso Club) and make the first right into the McFadden parking lot.

From Greenville: I-85 South, exit at 19A towards Clemson, then exit at 93. Make a left at the end of the ramp and follow 93 past campus. Make left at Perimeter Road (just past Esso Club) and make the first right into the McFadden parking lot.

If you need a parking map, email me at gmcatee@clemson.edu, and I will send you one promptly.

Airports: Greenville-Spartanburg (GSP) is about 50 minutes from Clemson. Atlanta-Hartsfield (ATL) is about 2 hours from Clemson. Both airports are serviced by all of the major car rental companies.

From GSP you can contact Airport Shuttle of Clemson (1-800-669-6463) 24 hours in advance for pick up. Rates are 46.20\$ per person each way, with discounts for multiple people.

Instructors:

Glenn McAtee: Clemson University Assistant Coach for Women's Throws, Vertical Jumps and Multis. McAtee, certified at Level III in Throws, serves as an Instructor for Level II in the throwing events. Additionally, McAtee is Level II certified in the Jumping Events.

Marcia Noad: Clemson University Head Coach. Noad handles Women's Sprints, Horizontal Jumps, Hurdles and Relays. Coached Gisele Oliveira to the 2005 Indoor NCAA title in Women's Triple Jump. Noad is Level II certified in the Jumps and the Sprints, Hurdles and Relays.

Mike Judge: Head Coach of Throw 1 Deep Throws Club in Marietta, Georgia. Mike has coached multiple state and National record holders in the throwing events and is considered an expert in training for the speed and power events.

Level 1 Information:

USATF Coaching Education Level 1 program is a starting point for all track and field coaches. One of the objectives is to put all coaches on common platform (i.e., speaking the same language). The Level 1 program covers all events in a foundational manner by emphasizing fundamentals, rules, safety/risk management, and instruction techniques. Level 1 prepares individuals to coach junior high school, high school, club, and age group athletes.

- Level 1 Schools are two-and-a-half-day courses (21-24 hours), including both classroom instruction and hands-on training. Attendance at all sessions is required.
- After the school, participants must complete an online exam that covers event-related and sport science subjects.
- Upon attending the School and passing the exam, participants will be issued a Level 1 Certificate of Completion.

Benefits

- Recognition as a USATF Level 1 Coach
- Curriculum book covering sport science and individual events
- Skills and knowledge to coach athletes at the junior age division level
- Access to exclusive "Level 1" merchandise
- Eligibility to attend a Level 2 School

Requirements

- Be at least 18 years of age
- Attend a Level 1 coaching education school
- Pass an online exam