



**2008 USATF SOUTH CAROLINA  
JUNIOR OLYMPIC  
CROSS COUNTRY CHAMPIONSHIPS**  
November 15<sup>th</sup>, 2008  
Roger Milliken Center,  
910 Milliken Road, Spartanburg, SC



**Location:** Roger Milliken Center, 910 Milliken Road, Spartanburg, SC. From Spartanburg, Greenville, Columbia and Asheville – 85 to Exit 69 (I 85 North Business) then take Exit 5B. From Charlotte – 85 take Exit 77 (I85 Business) then take Ext 6. Take a left over the bridge. Follow USATF signs to parking area. Using Highway 26 to travel exit 19B and follow above. **Parking only in parking lot area. No parking on any grass area is permitted.**

**Format and Schedule of Events:**

Junior Olympic Championships

Age Divisions	Born	Distance	Girls	Boys	
Sub-Bantam	8 & Under	2000 & Later	2K	10:00 a.m.	10:25 a.m.
Bantam	10 & Under	1998 & Later	3K	10:50 a.m.	11:20 a.m.
Midget	11 & 12	1996 – 1997	3K	10:50 a.m.	11:20 a.m.
Youth	13 & 14	1994 – 1995	4K	11:50 a.m.	12:25 p.m.
Intermediate	15 & 16	1992 – 1993	5K	12:50 p.m.	1:20 p.m.
Young M/W	17 & 18	1990 – 1991	5K	12:50 p.m.	1:20 p.m.

**ENTRY FEES:** \$6.00 for each participant.

**Awards:** Awards will be given to the top ten finishers in each division.

**The Course:** The entire course is grass surface. Spikes may be useful on the hills or if the course is wet. The course will be closed at 8:30 a.m. No one will be allowed on the course for warm up after this time due to the open/masters events. There is plenty of area for warm up in the adjoining field areas. No dressing facility or public water is available.

**Numbers:** The race numbers are to be worn on the front of your singlet or shirt and pinned in a flat manner. Do not tear off strips!!! To receive numbers see packet pick-up.

**Division Rules:** All participants must run in their proper age division. However, 8 & under participants may choose either the 8 & Under (Sub Bantam) or the 10 & under (Bantam) age group at the Association level. At the Regional Championships each athlete must compete in the division they qualified in at the Association Championships. **Remember the 8 & under (Sub Bantam) division may qualify for the Regional Championships, but there will be no 8 & under (Sub Bantam) division at the National Championships.**

**Declaration of Advancement:** The top 25 finishers and top 3 teams in each division may advance to the Region 3 Championships on November 22nd, 2008 at Pole Green Park, Mechanicsville, VA. **Declaration of intent to advance must be done before the end of the meet. Advancement to the Regionals is \$7.00 per individual athlete and cash only will be accepted.**

**National Championships:** The National Championships will be held on Saturday, December 13<sup>th</sup> at Pole Green Park, Mechanicsville, VA. The top 20 athletes and 3 teams at the Region 3 Championships will qualify for the National Championships. Information is available at [www.usatf.org/events/2008/USATFJuniorOlympicXCChampionships](http://www.usatf.org/events/2008/USATFJuniorOlympicXCChampionships)

**Registration: (COACHES PLEASE READ THE FOLLOWING VERY CAREFULLY)**

**Entry per athlete is \$6.00. All athletes must be current members of SC USATF.** Registration packages including individual, team entry form and age verification documents MUST be postmarked no later than Saturday, November 8, 2008.

**Entry:** Entries must be made on the official entry form which is enclosed. If you require additional forms you may make copies of the form. Remember that the age division an athlete competes in is determined by the year that he/she was born. All participating athletes must provide proof of USATF membership and sign the entry form. Athletes who have previously verified their date of birth do not need to do this again. Clubs should obtain a current list from the Membership Chair identifying those athletes whose date of birth is verified. If you, the coach have not previously verified the athlete's date of birth, than a legible copy of the athlete's proof of birth is required, such as; birth certificate, passport, certificate of baptismal records, driver's license, or U.S. Government I.D. are acceptable. Proof of birth must accompany the athlete's entry.

**Late Registration:** Team Registration packages postmarked after November 8, 2008 must contain an additional \$3.00 late registration fee per athlete or they will be returned. **No package received after November 12<sup>th</sup> will be accepted.**

**Late Entries on Race Day:** **Race day registration will be available to individual athletes only.** The race day entry fee will be \$10.00 per athlete (late fee included) Cash only will be accepted. All individual athletes must be current SC USATF members and will be required to provide their USATF membership number for verification.

**Race Day Membership:** Race day membership will be available for the annual fee of \$19.95 during the day of the meet. Cash only will be accepted. **Proof of birth must be provided at this time.**

**THERE WILL BE NO SAME DAY REGISTRATION FOR TEAMS OR CLUBS. ALL TEAMS MUST BE REGISTERED AS A SC USATF CLUB BEFORE NOVEMBER 8, 2008.**

**Team Registration:** Each club must provide a team declaration roster for each age group/gender division for which they are registering a team. All members of the same club registered on a Team Roster Declaration form are eligible to compete on the club's team. A minimum of 5 and a maximum of 8 athletes may compete on a team into the next round of qualification up to and including the National Championships as long as they qualify. An entry form for each athlete competing must be remitted.

The exception to the team division is the Sub Bantam age group. For this division a minimum of 3 and a maximum of 5 athletes may qualify and compete into the Regional Championships. The Regional Championships is the final level for this age group.

**Team Scoring:** 8 (5 if Sub Bantam) athletes on the team entry/declaration form may be declared as scoring athletes. The top 5 (3 if Sub Bantam) finishers among the declared runners will score.

**Event Results:** During competition, event results will be posted. In addition, event results will be posted at [www.scusatf.org](http://www.scusatf.org).

Send registration packages and information to:

Valerie Beesley  
116 Runnymede Court  
Greenwood, SC 29649  
Telephone: 864-943-9059 (Home)  
864-993-3478 (Cell)  
email: [beesleyfamily@hotmail.com](mailto:beesleyfamily@hotmail.com)

For membership information contact:

Cathy Koziel  
Membership Chair SC USATF  
2808 Arrowwood Lane  
Rock Hill, SC 29732  
Telephone: 803-980-0059  
Email: [ckozyel@comporium.net](mailto:ckozyel@comporium.net)

Individual membership may be obtained online as well as at [www.usatf.org](http://www.usatf.org) for the fee of \$19.95. All membership purchased before November 1, 2008 is valid up to 12/31/08. Membership on or after November 1 for \$19.95 is valid for 2008 and 2009

#### **FACILITY RULES & GUIDELINES:**

1. Remember we are guests of the Roger Milliken Center.
2. Barbecuing will not be allowed on site.
3. Please do NOT bring loud radios or music, pets, or unnecessary distractions to the meet.
4. **Please keep the facility clean. You are responsible for taking all your trash home with you.**
5. Alcoholic beverages will not be allowed.
6. **Absolutely NO Parking on any grass. Parking only in the paved parking area.**

**For USA Cross Country Rules see Rule 304 and Rule 305.3.**

For Apparel see Rule 253.

**Hotels** Ask for rooms under USA Track & Field (USATF SC). Rooms must be booked as stated below for each hotel for the special rate offered.

#### **Host Hotel:**

Country Hearth Inn , 200 International Drive, 864-576-5220, \$40.00 single occupancy available at this time. Must book by November 1<sup>st</sup>, 2008. Free continental breakfast, indoor pool, restaurant and lounge on site. 5 miles to course.

Fairfield Inn, 160 Samuel Road, 864-542-0333, \$70.00 double occupancy. Must book by November 8<sup>th</sup>, 2008. Free continental breakfast. 2 miles to course.

Radisson Hotel & Suites, 9027 Fairforest Road, 864-574-2111, \$74.95 double occupancy, Must book by November 11<sup>th</sup>, 2008. Indoor pool, restaurant on site. 7 miles to course.