



USATRACK & FIELDSM

SOUTH CAROLINA

2009 Open / Masters Track & Field Championship

Doug Shaw Stadium, Myrtle Beach
Hosted by Myrtle Beach Track & Field Club
June 27, 2009

Age Divisions: Open and Masters (18-29 Open Championship) (30 – 75+ Masters Men & women, all in 5 year age increments).

Entry Fee: Postmarked by Friday June 12, 2009

\$15.00 for the 1st event
\$8.00 for each additional event
\$25.00 each relay.

NO day of meet registration. Must have current USATF membership.

Awards: USATF medals to first three (3) places in each Masters age group. Medals to first three in each open event.

Meet Director: JJ Iagulli - SC USATF jiagulli@horrycountyschools.net - cell 843-655-6779

Schedule of Events:

Track order of events - 9:00 AM rolling time schedule - 5000 meter Run - Short Hurdles - 5000 meter Race Walk - 100m - 1500m - 400m - 800m - 200m – 3000 meter Steeplechase - 4x100m Relay - 4x400m Relay

- **Sections based on entry**
- **Women followed by men and oldest to youngest.**

Field Events: Be prepared to start at 9:00 a.m. - High Jump - Pole Vault - Long Jump - Triple Jump - Shot Put - Discus - Hammer - Javelin

- **Flights will be determined based on entry**
- **You show up in the time period take your jumps or throws and leave.**

-----Detach here-----

PLEASE PRINT OR TYPE BOTTOM PORTION AND RETURN WITH YOUR CHECK TO:
Myrtle Beach T&F Club, PO Box 8954, Myrtle Beach, SC 29578

NAME _____ DOB ___/___/___ AGE ___ SEX ___ USATF # _____ **REQUIRED**
 Address _____ City _____ State ___ Zip _____ Club _____
 Phone (____) - _____ - _____ Email Address _____

Event	Seed Time	Event	Seed Time	Event	Seed Time

1st Event entered \$15.00 For EACH additional event add \$8. 00; Relays \$25

Please enclose and make checks payable to Myrtle Beach T&F Club Total: \$ _____

RELEASE, WAIVER and HOLD HARMLESS AGREEMENT:

I agree without reservation to the following: I have voluntarily chosen to participate in the meet sponsored by the Myrtle Beach Track & Field Club and/or USATF SC. I understand the risk of injury and undertake that risk of my own free will. By signing this waiver of liability, I represent that I am responsible for my safety while a participant or spectator at this meet and waive myself, my heirs, assigns, and administrators of all claims against all persons in any way associated with this meet, including, but not limited to: The USATF SC Association, Myrtle Beach Track & Field Club, Meet Officials, Doug Shaw Stadium and Sponsors.

Printed Name _____ Signature _____ Date: _____

Entry Must be Postmarked by June 12, 2009

Confirmation will be e-mailed up on receipt

**Please make a copy for your records.
Please fill out completely.**