



**Sixth Annual
Mt. Pleasant Youth Track & Field Invitational
Mt. Pleasant Track Club
Saturday, May 30, 2009**



Location: Park West Track, Mt. Pleasant, SC (9:00am start)
Meet Director: Tami Dennis, 843-817-8560 (cell) Tamera.dennis@sanofi-aventis.com

Age Divisions: Age Division fall under the USATF guidelines:
Sub-bantam 8 & under Born 2001 and later
Bantam 9-10 1999 -2000
Midget 11-12 1997-1998
Youth 13-14 1995-1996
Intermediate 15-16 1994-1995
Young M/W 17-18 1991-1992

Entry Info: All entries must be received no later than 5:00pm on Friday, May 22, 2009. Entries must include participant's name, DOB, sex, and event(s). Add team name if part of team. Please email entries to Dave Hansen at DBHSJH@sccoast.net. He will email verification of receipt. **NO RACE DAY ENTRIES.**

Entry Fees: Entry fee is \$1.00 per athlete. Entry fees are due the day of the meet. Checks should be payable to MPTC.

Coaches Mtg: Coaches meeting at 8:45am at finish line tent.

Awards: Ribbons will be awarded to the Top 6 in each event.

Equipment: MPTC will provide implements, except the pole vault.

Rules: USATF rules will be strictly enforced.

Timing: FinishLynx. Fully Automatic Timing.

Surface: Rubberized, 8 lane track. (Brand new facility)

Spikes: Only ¼ inch spikes or less are allowed.

Results posted: www.mptrackclub.com

Directions to Track: 1-26 East towards Charleston, Exit on to 1-526 toward Mt. Pleasant. Follow 1-526 to Highway 17N toward Georgetown. Follow Hwy 17N until the Park West entrance. Take a left into Park West. Go ½ mile to the Mt. Pleasant Recreation Department sign (brown sign). Take a left at the sign and follow the road until you see the track.

Events (in order): 3000m Long Jump (youngest to oldest) 2 pits
80m/100m/110m Hurdles High Jump (Oldest to youngest)
4 x 100 Relay Pole Vault (YB, YG, IB, IG, YM, YW)
800m Shot Put (youngest to oldest)
100m Discus (Oldest to youngest)
400m Mini-Javelin, followed by Javelin
1500m
200m
4 x 400m Relay